

WELCOME 



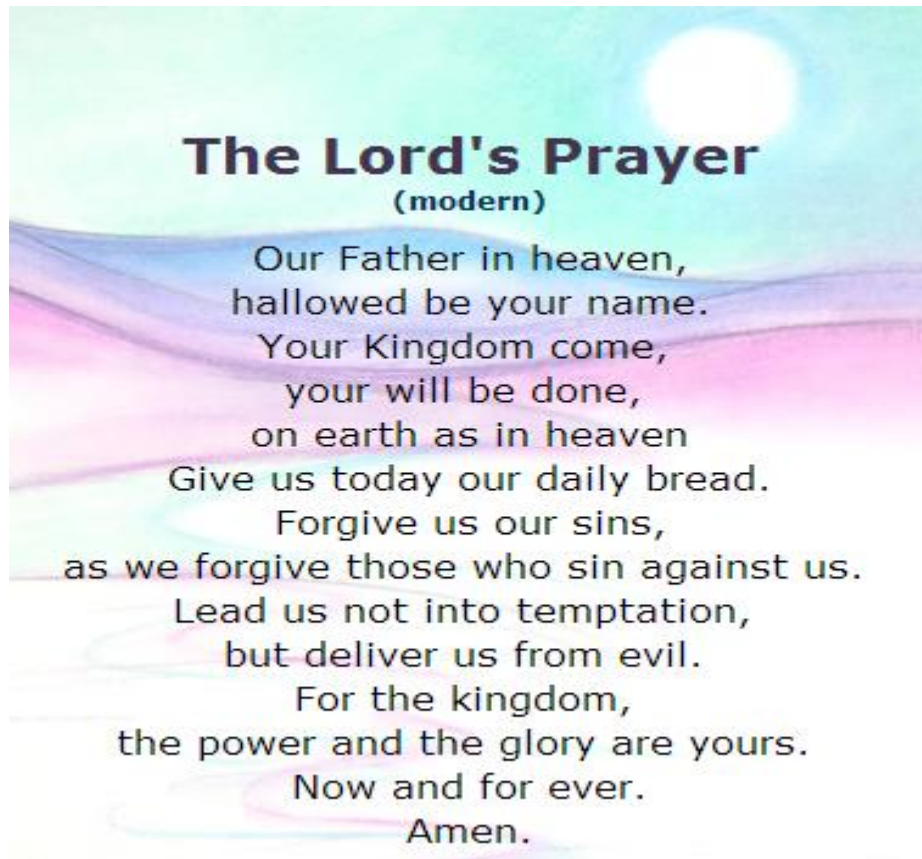
Hands!



Right now we are being told to wash our hands a lot to keep the germs away. We should wash them for 20 seconds with soap.



If we say the Lord's Prayer, that takes 20 seconds and will remind us of God throughout the day. You can find this in the Bible in Matthew chapter 6 verses 9-13.



You could make up your own prayer instead, or sing HAPPY BIRTHDAY to Jesus, twice.

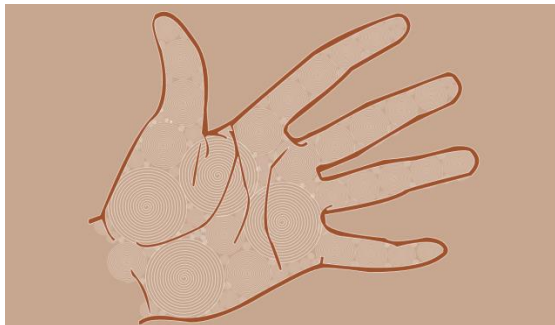
[Wash your hands song](#) - The singing Walrus - Play this whilst you wash your hands.

Activities

Make some hand prints in paint.



Draw round your hands.



Design nail art on your nails or on your picture.



Use crazy soap or foam and make patterns with your fingers.



Make a hand print in clay or Playdough.



[Clap your hands song](#) - Little baby Bum.

Song about hands - Babeez TV -
[Good things our hands can do.](#)

Jesus did lots of kind things with his hands.
Making people better, feeding them, helping
them.



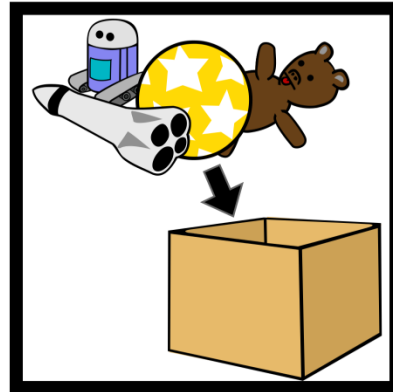
Jesus' hands were kind hands, doing good to all.
Healing pain and sickness, blessing children small.
Washing tired feet, and saving those who fall.
Jesus' hands were kind hands, doing good to all.

Take my hands Lord Jesus, let them work for you.
Make them strong and gentle, kind in all I do. Let
me watch you Jesus, till I'm gentle too.
Till my hands are kind hands, quick to work for
you.

Sing this to the tune, "Au clair de la lune".

[\(this is how it goes\)](#)

What can you do with your hands? Make a list -
Clear the table, wash up, tidy your room.....



Tidy up song - Little Baby Bum.

Finger family song - ChuChu TV -



Use the names of your family for each finger.
Draw a face on each finger.

If you're Happy and you know it clap your hands -
Little Baby Bum - sing along with the actions.



Try creating some Easter chicks to symbolise new life.



What other animal pictures can you make using your hand print?

Let's Thank God for our hands.



Hold my hand, God,
lead the way,
Help me be good every day.
Let me know what's wrong and right,
Keep me safe day and night,
Let me know what you have planned,
Lead the way God,
hold my hand.
Amen

