

Jesus is tempted

Game: How long can you do something that is not easy? Have a go at standing on one leg, or balancing something on your head, and time yourself. How long can you keep quiet for? How long can you go without watching TV?

Some things are easy and we can almost do them without trying—other things are much more difficult and take a lot of effort, determination, strength or knowledge. But those things that are difficult we can learn how to do better over time, and they become easier.

In our story today Jesus learns new things and becomes stronger. He learns how to resist the temptation to choose the easiest way, which may not be the right way.

And it all begins with our knowledge of the bible and what God is saying to us in the bible about what is right and wrong and how to recognise what is good and choose it.

And Jesus learns all of this in a place where it would be so easy to choose what is wrong, and that helps him when he gets back home to continue to do what is right. He has built up his spiritual muscles in his time in the desert.

Story: [Temptation of Jesus](#) - Saddleback Kids

Song time: - [Show me your ways](#) - Jana Alayra

Worksheet: Complete the worksheet on Jesus temptations.

Can you remember all of the ways that Jesus was tempted and what he said?



Prayer time:

Loving God, everyday we are tempted to do something that is wrong

Sometimes we clearly know it is wrong,

other times it just feels wrong as our conscience kicks in and warns us.

Help us to develop our conscience

by reading the bible and following Jesus

so that we are clearer as to what is right and wrong

and better able to choose the right way all the time. Amen.

Song time: [I wanna do right](#) - Jana Alayra

Activity: See if you can complete the word search and colour in the picture.

Jesus temptations

Cut out the pictures and bible verses and stick them in the right boxes.

1

Jesus said

2

Jesus said

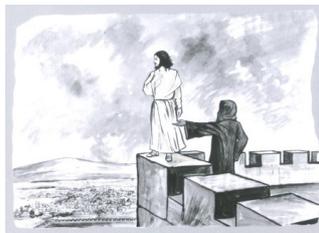
3

Jesus said



“No, you must not test the Lord your God”

“No, you must worship the Lord your God and serve only him.



“No. People do not live by bread alone but by every word that comes from the mouth of God.

WILDERNESS

TEMPTED

DEVIL

FASTED

FORTY

HUNGRY

STONES

LOAVES

ANGELS

FOOT

SATAN

WORSHIP

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| T | S | E | N | O | T | S | E | S | E |
| E | T | H | U | N | G | R | Y | S | T |
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